



# The Two-Step: The Dance Towards Intimacy

*Eileen McCann*

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## **The Two-Step: The Dance Towards Intimacy** Eileen McCann

Ever since Adam wooed Eve (or was it the other way around?), couples have been bedeviled by the thorny path of love. Why do all couples have such a difficult time becoming-and remaining-close? Now, for everyone who has ever struggled with the pain of an unhappy relationship, psychotherapist Eileen McCann answers this age-old question in a book destined to become every lover's favorite bedside companion. McCann argues that the thorny path of love is nothing less than a highly choreographed dance that steps around issues of power, distance, and intimacy. With the help of Douglas Shannon's delightful and insightful drawings, McCann charts our unwitting steps in the dance of pursuit and avoidance and shows us how to transform it into one that returns joy and meaning to our lives. The Two-Step is a wise and witty guide to affairs of the heart that delights the eye as it instructs the mind. "I find this book to be a pictorial treasure of how we act, showing the games we play, while trying to hide what we want. Out of these pictures comes a clear realization of what we are doing. With that realization, we can laugh at ourselves and be inspired to make the changes we need to make." - Virginia M. Satir

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