



Fibromyalgia: Living a Life of Blessing and Hope

Shannon Sonneveldt

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Fibromyalgia: Living a Life of Blessing and Hope Shannon Sonneveldt **Reviews**

This book gave me such encouragement and more insight into fibromyalgia. It is a help to know that others are going through the same things I am. I am not alone. And the encouraging words have me the boost I needed. - *Jennifer, Amazon Review*

Awesome!!! Really helped me in so many ways. I keep it by my purse to go with me to help others in doctors office etc. I really like all the resources and joined the online support group. Best of all I have spoken with the author. She is terrific. - *sheryh425, Amazon Review*

I suffer from Fibromyalgia, and have found this book helpful. When you suffer pain everyday, some days bad, some days a little better, it makes you feel isolated and old and at times you wonder if life is worth living. One book every Fibromyalgia sufferer AND THEIR FAMILIES should read. - *Maggie, Amazon Review*

It is a book very well documented it give hope to people with fibromyalgia and is ample enough to cover a different conditions. - *Freddy Guillermo Jimenez, Amazon Review*

Book Overview

Imagine living in a pain beyond description, unable to do the simplest tasks that you have been doing your entire life, unable to sleep, and dealing with sensory overload (every noise is too loud, light too bright and smell too strong). All this with people telling you that you're fine, it's all in your head, just suck it up and move on. Imagine how you would cope with the pain and other symptoms with no support from friends, family or the medical community.

This is what many diagnosed with Fibromyalgia experience every day. Fibromyalgia takes a toll physically, emotionally and relationally. Millions of people have been diagnosed with Fibromyalgia; these Fibromyalgians must navigate the pain and myriad of other symptoms often with little support. No Fibromyalgian should feel like they are in this alone, there are millions of us and we can provide each other with support, encouragement and advice. Through each other and with the help of Christ, we can all make our way through the dark tunnel of pain into a new life of blessing and hope.

Within these pages you will find:

- - Basic information and details about Fibromyalgia
- Recent research and advancements in the diagnosis and treatment of Fibromyalgia
- Stories (mine and others) of those who have navigated the journey and found a life of blessing and hope after the diagnosis
- Action steps (treatment options) to take to create a new life plan that will lead you to a life of blessing and hope
- Tips on what fellow Fibromyalgians have found useful in their journey
- Links to educational and support resources

If you have Fibromyalgia, you are not alone. Others share your experiences and there are many places to find support and encouragement. Many have found a different but better life on the other side of the diagnosis

If you are the family or friend of a Fibromyalgian, this is an opportunity to understand what they are experiencing and how you can support them and provide encouragement.

May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit. - Romans 15:13

If you want to learn more about how I and others have found a life of blessing and hope after diagnosis, click **buy** above.

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Jaime Leflore:

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Amelia Brown:

Information is provisions for anyone to get better life, information these days can get by anyone at everywhere. The information can be a expertise or any news even restricted. What people must be consider whenever those information which is in the former life are hard to be find than now is taking seriously which one would work to believe or which one the particular resource are convinced. If you receive the unstable resource then you get it as your main information you will see huge disadvantage for you. All of those possibilities will not happen inside you if you take Fibromyalgia: Living a Life of Blessing and Hope as the daily resource information.

Ruben Jenkins:

The book untitled Fibromyalgia: Living a Life of Blessing and Hope contain a lot of information on it. The writer explains the girl idea with easy approach. The language is very simple to implement all the people, so do not necessarily worry, you can easy to read it. The book was compiled by famous author. The author provides you in the new era of literary works. It is possible to read this book because you can read on your smart phone, or program, so you can read the book within anywhere and anytime. If you want to buy the e-book, you can open their official web-site along with order it. Have a nice read.

Jeffrey Martinez:

Is it you who having spare time after that spend it whole day by means of watching television programs or just telling lies on the bed? Do you need something totally new? This Fibromyalgia: Living a Life of Blessing and Hope can be the response, oh how comes? A book you know. You are thus out of date, spending your time by reading in this brand new era is common not a geek activity. So what these books have than the others?

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