



Married Lust: The 10 Secrets of Long Lasting Desire

Pamela Lister

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How can a husband and wife stay hot for one another after years of marriage? How can they get in the mood for sex when all they really want to do is sleep? What's the one thing that men say they don't get enough of- and women hunger for the most-in bed? How can men and women enhance each other's sexual fantasies? What are couples' biggest turn-ons, biggest gripes?

Get ready for the candid and sometimes surprising answers in Pamela Lister's new book, which is based on what real couples want and what real couples do. Lister, a Redbook contributing editor whose beat is sex and marriage, analyzed the answers of 10,000 men and women who were polled in two of the magazine's massive online sex surveys to find out what really turns couples on - and keeps them passionate for each other year after year. By combining the online survey results with advice from sex experts, Lister helps married couples figure out the little and big things they can do to gain more fulfillment in their marriages.

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Paula Mayo:

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