



# **Talking with Couples: Psychoanalytic Psychotherapy of the Couple Relationship (The Harris Meltzer Trust Series)**

*Giulio Cesare Zavattini*

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'In this compact and illuminating study of the evolving theoretical framework informing psychoanalytic work with couples, the authors highlight concepts that have been most drawn upon in developing dynamic couple therapy. They chart the shifting emphasis away from interpreting and reconstructing the past towards approaches that engage partners and therapists in constructing and reflecting on their encounters with each other in the present. The triangular space that is created through this process contains therapists as well as the couples with whom they talk, and invites us to revisit the essential nature of the therapeutic conversation in this light. A thoughtful and fascinating book that will interest everyone who is keen to understand the interior world of couple psychotherapy.'-Christopher Clulow, PhD, Senior Fellow, the Tavistock Centre for Couple Relationships, London

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