



The Vegetable Butcher: How to Select, Prep, Slice, Dice, and Masterfully Cook Vegetables from Artichokes to Zucchini

Cara Mangini

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Marrying the art of butchery with the joy of gorgeous seasonal produce, *The Vegetable Butcher* is the fresh, inspiring, and essential guide that demystifies the world of vegetables, from exotic crosnes and gnarly celeriac to the amazingly versatile everyday potato. It's the book that shows exactly how to prepare an artichoke—plus peel a tomato, chiffonade kale, slice kohlrabi into carpaccio, break down a butternut squash, and cut a cauliflower into steaks.

This is a complete vegetable education, from what to look for at the market to how to make vegetables the center of truly distinctive dishes. Over 100 recipes, all vegetarian (and all extraordinarily luscious), celebrate the soul-satisfying flavor of each vegetable—Orange- Shallot Fiddlehead Ferns and Ricotta Crostini; a summery Zucchini, Sweet Corn, and Basil Penne with Pine Nuts and Mozzarella; Cauliflower and Caramelized Fennel Soup; a Parsnip-Ginger Layer Cake with Burnt-Buttercream Frosting to sweeten a winter meal.

Vegetables are modern, sexy, and outrageously delicious. And now, completely knowable, too.

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Homer Simon:

People live in this new time of lifestyle always try to and must have the free time or they will get great deal of stress from both everyday life and work. So , when we ask do people have free time, we will say absolutely of course. People is human not really a huge robot. Then we question again, what kind of activity do you possess when the spare time coming to you of course your answer will certainly unlimited right. Then do you try this one, reading books. It can be your alternative with spending your spare time, the book you have read is actually The Vegetable Butcher: How to Select, Prep, Slice, Dice, and Masterfully Cook Vegetables from Artichokes to Zucchini.

Tara Huber:

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