



The Healing Response: How To Help Your Body Heal Itself

Michael, M.D. Loes

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Dr. Loes details the Ten Principles and Laws of Healing and how to apply them. Also included are starter assessment tools and practical program tips. Finally, there are special sections on pain, healing wounds and fractures, irritable bowel syndrome, fatigue and headaches. The book follows a clear and logical pattern, and Dr. Loes applies his vast experience, and shows examples of how his applied principles can work for individual patients. Each principle is accompanied by a metaphor, which helps to explain the message Dr. Loes is communicating.

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