



Relax, It's Only a Ghost: My Adventures with Spirits, Hauntings and Things That Go Bump in the Night

Echo Bodine

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Echo Bodine didn't want to be a psychic. In fact, she resisted it for a large part of her life. She tried to ignore the voices she heard, the spirits she saw, and the way her hands got warm when she was near a sick person. But Echo couldn't. *Relax, It's Only a Ghost* is not only the story of how she eventually came to terms with her psychic abilities, but also the story of her unusual experiences as she started to put those abilities to work helping other people.

Echo introduces us to wild assortment of ghosts. Meet Kevin, the ghost who didn't know he was dead. Follow Echo into the house that was home to several different ghosts, including two small children giggling in a closet and a prayer group in the living room. Or, encounter Bob, the ghost who was in love with the owner of the house he inhabited.

Echo relates tales that are often funny, sometimes unnerving, and always amazing. Her stories are entertaining and informative and will provide reassurance to the millions of us who have encountered 'things that go bump in the night.'

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