

Lung Cancer: Myths, Facts, Choices--and Hope

Claudia I. Henschke, Peggy McCarthy



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An authoritative book with new lifesaving strategies for those at risk and those already diagnosed.

Lung cancer kills more women than breast cancer, more men than prostate cancer. This authoritative book presents new lifesaving strategies for those already diagnosed and those at risk (including ex-smokers).

Lung cancer is deadly because it's usually found late. Dr. Claudia Henschke's groundbreaking research on early diagnosis, published in *Lancet*, made headlines worldwide. Now, for the first time, she offers specific recommendations based on her latest findings: who needs to be checked and how to get tested.

People with lung cancer often are told, "Nothing can be done." Not so! Dr. Henschke and coauthor Peggy McCarthy, a leading patient advocate, provide up-to-the-minute advice, along with inspiring quotes from survivors.

If lung cancer has touched your life?or if you have reason for concern?this comprehensive and compassionate book can help:

- Understand how the lungs work and how cancer develops.
- Pinpoint risk factors and the sometimes surprising symptoms, like back pain or swollen fingertips, that can signal a problem.
- Learn how to find the best doctors and the latest treatments.
- Remain healthy, active, and pain-free during and after treatment.
- Cope with emotional and practical concerns, such as telling the children, dealing with guilt, and getting the most out of your insurance.

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