



# Borderline Personality Disorder: Understand the Mind of a Person with Borderline Personality

*Gerald Thorne*

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## Peering Into the Mind of a Person with Borderline Personality Disorder

Borderline personality disorder is a condition wherein an individual suffers from extreme emotional unbalance marked with impulsivity and instability of self-image. An individual suffering from this personality disorder fears isolation, rejection and abandonment thus they tend to nurture feelings of betrayal to those who have done them wrong. Because of their immense negative personality, people with borderline personality disorder find it difficult to have healthy relationship with other people.

People with borderline personality disorder exists 1% or 2% in the general population and although it is not common for normal people to meet someone with this condition, people with borderline personality disorder are members of society and they go to school, have jobs or interact with other people. If you are directly dealing with someone who has borderline personality disorder, then this book is for you.

With this book, you will learn about the following:

- Understand the common signs and symptoms of a person with borderline personality disorder. This book allows you to know the signs of borderline personality disorder so that you will be able to know the proper conduct when interacting with one.
- Learn about the different types of borderline personality disorder and their causes. The book discusses about the four types of borderline personality disorder and also the likely reasons why people develop this condition.
- The book also discusses about treatment options that are available for people with borderline personality disorder. It also has a chapter dedicated to tips on how to deal with individuals with borderline personality disorder in different settings.

Dealing with a person with borderline personality disorder is challenging and straining but if you are armed with the right knowledge, then it will help you understand their condition and also manage your relationship with them. Eventually, you will realize that despite their emotional outburst, they are also quirky and talented individuals.

**So grab the book now and get a better understanding of people with borderline personality disorder.**

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