



The Power of the Middle Ground: A Couple's Guide to Renewing Your Relationship

Marty Babits

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"This book took us from the difficult relationship we had to a much better one," reports Marie O. The author helps you bring love and compassion alive in your relationship. He offers field-tested tips and techniques for improving connection. You'll learn to negotiate differences, see issues from each other's point of view, reduce anger and, as a result, rekindle warmth and love.

Despite the central place of divorce in our culture, you can find the support you need to develop your relationship's true potential. Read about how others have used this approach to dramatically strengthen communication and lift themselves to a better place.

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