



# **Narcissists: What Happens When One Becomes Menacing and Dangerous? (My Story of a Narcissistic Friend)**

*Jennifer Hart*

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This is quite a convoluted tale of blossoming narcissism, spanning more than 20 years now.

Some details I'll omit for the sake of anonymity – names, locations and job titles have been tweaked a bit so that you have a good idea of the characters involved, but wouldn't be able to point us out in the street!

It's all very odd, really, as we were friends for so long, but as of today I have not spoken to Emma for almost four years. We live in the same city – her home city – and see each other several times a week on the school run. Far from stopping for a quick chat as we would have done in the past, I avert my gaze from her and pass quickly and awkwardly, hoping that my son doesn't run into her with his scooter.

The reason for our fall out?

Emma has evolved into a full blown narcissist, so toxic that I simply couldn't bare for me or my child to be subjected to her anymore. I have been warned by others, and it is also my own personal feeling, that the situation has even (potentially) become a matter of our personal safety!

Read my story to find out why - it may help you in your own situation if you have a narcissist in your life.

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#### **Maria Huffman:**

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