



The Healthy Sides Cookbook: Easy Vegetables, Pastas, and Grains for Every Meal

Editors of Cooking Light Magazine

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Perfect pairings for every meal!

In *The Healthy Sides Cookbook*, side dishes finally get their due. Discover more than 300 inspired recipes that are big on flavor and short on effort. Tested and perfected by the experts at *Cooking Light*, this handy cookbook covers weeknight classics such as Roasted Rosemary Fingerling Potatoes; holiday crowd-pleasers like Sage and Apple Stuffing; and new favorites including Zucchini Ribbons with Pecorino.

Chapters are organized by ingredient, so you can easily look up new ways to use your favorite produce, grains, and pastas. In addition to recipes, you'll also find:

- Simple ingredient swaps to satisfy a wide range of palates.
- Prep-ahead pointers for easy weeknight meals.
- A "Perfect Pairings" index to help select the best matches for your mains.
- Complete nutrition information

Filled with bright color photos and genius cooking tips, *The Healthy Sides Cookbook* is a go-to guide for making every meal memorable.

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giving you useful information for your better life in this particular era. So now let us present to you the relaxing pattern this is your body and mind will probably be pleased when you are finished looking at it, like winning a game. Do you want to try this extraordinary wasting spare time activity?

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