



Change Pain to Gain: The Secrets of Turning Conflict into Opportunity

Patricia McGinnis

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Do you fear or avoid conflict? You don't need to. Everyone can "Change Pain to Gain" through understanding and by applying a set of "secrets" that help us turn conflict into opportunity. The secrets are specific skills we may recognize, but far too often do not fully understand or apply in conflict situations. Using her extensive work as a trainer, teacher, mediator, and group facilitator, Patricia McGinnis discusses the practical secrets within a comprehensive philosophy of conflict and conflict resolution. In clear language and through the use of easily understood and attractive graphics, readers are empowered to become more effective in understanding and dealing with all types of conflicts.

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