



The Rules to Raise Happy, Healthy Children (Collection)

Richard Templar, Roni Jay, Stephen Briers

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A brand new collection of great parenting advice -- fun, non-judgmental, and amazingly helpful!

3 great books help you become a better, happier parent... and raise happier, less stressed, more successful children!

When it comes to parenting, *nobody's* perfect, *nobody* can do it all, and nobody can guarantee results. Not you. Not anyone. So, how do you do the things you can do? The things most likely to help your children enjoy their lives, and grow into healthy, confident, successful, happy adults? These three books bring together invaluable advice: help that's fun, friendly, non-judgmental, realistic, and above all, useful! Richard Templar's *The Rules of Parenting, Expanded Edition* serves up 100+ flexible tips and adaptable "Rules" for your family, starting with the most important Rule of them all: RELAX. Here's all you need to know from toddler to first boyfriend/girlfriend, driving lessons through college and beyond... help with attitude, discipline, siblings, school, teenage life, crises, "grown" children... and above all, staying sane! Next, in *Nobody Told Me That!*, Roni Jay offers great advice for raising kids who are more confident, resilient, ethical, loving, competent, responsible, fulfilled, engaged, and enthusiastic. Jay identifies what the most successful parents do, distills those insights into 10 core principles, and shows how to actually *apply* them in your own family. Finally, in *How Your Child Thinks*, world-renowned child psychologist Dr. Stephen Briers goes inside your child's mind, and helps you give them the skills, tactics, and strategies they'll need to manage their own lives. Briers teaches powerful, proactive techniques that don't simply respond to bad behavior, but keep it from happening in the first place. Drawing on compelling new research on positive psychology, he shows how to cultivate specific habits of thought that nurture resilience and help "inoculate" against depressive illness... promote happiness and well-being... cultivate personal competence and social confidence... boost problem-solving skills, and more. *With these eBooks, you and your kids will enjoy each other more... and they'll grow up with the solid foundation they need to find their own paths, build their own lives, and thrive!*

From world-renowned family happiness experts **Richard Templar, Roni Jay, and Stephen Briers**

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