



The Pastoral Counseling Treatment Planner

James R. Kok, Arthur E Jongsma Jr.

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For pastoral counselors and clergy people seeking to learn about effective therapeutic techniques, *The Pastoral Counseling Treatment Planner* is a lifesaver. And for secular therapists integrating elements of their client's spiritual beliefs system into the treatment process, this book can guide the way.

Patterned after the bestselling *The Complete Psychotherapy Treatment Planner*, this resource draws on a variety of Western religious belief systems, and offers step-by-step guidelines on counseling clients and parishioners through a variety of life dilemmas. This sourcebook is organized around 31 of the most common problems people seek counseling for, including life challenges, such as marital conflict, grief, and chronic illness, as well as challenges of faith. For each problem, behavioral definitions and potential counseling goals are provided, along with dozens of suggested interventions—many of which draw upon the client's faith as a source of healing. This unique counseling aid also features:

- More than 1,000 well-crafted treatment planning components for many of life's thorniest problems
- A sample counseling plan that can be emulated by both experienced counselors and novices
- Pages afford plenty of space to record customized counseling goals, objectives, and interventions

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