



Handbook of Depression: Second Edition

Ernest E. Beckham

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This comprehensive and revised handbook brings together significant psychological and biological findings available on depression. Chapters cover psychological areas such as cognitive, behavioural, interpersonal, couple and family therapy - and discuss populations such as children, adolescents, women and the elderly. It also covers biological subjects such as genetic research, pharmacotherapy and somatic therapy, and medical diagnosis. Helpful appendices discuss how to use and where to obtain instruments for assessing adult and childhood depression. One of these instruments, the Hamilton Rating Scale, appears in its entirety in Appendix A. Mental health professionals treating depressed persons and their families, including psychologists, psychiatrists, social workers, physicians and councillors should find this book valuable.

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