



# Grief Counseling Homework Planner

*Phil Rich*

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## **Grief Counseling Homework Planner** Phil Rich

Help bereaved clients deal with and work through a difficult time in their lives

*Grief Counseling Homework Planner* provides you with an array of ready-to-use, between-session assignments designed to help clients better understand their grief and the grieving process.

This easy-to-use sourcebook features:

- 63 ready-to-copy exercises covering the most common issues encountered in grief therapy
- A quick-reference format-the interactive assignments are organized around the most typical stages of the grieving process
- Expert guidance on how and when to make the most efficient use of the exercises
- Homework that enables clients to work through the issues surrounding their loss through reflective thought, personal management, problem resolution, and self-healing
- A computer disk that contains all the exercises in a word-processing format-allowing you to customize them to suit you and your clients' unique styles and needs

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